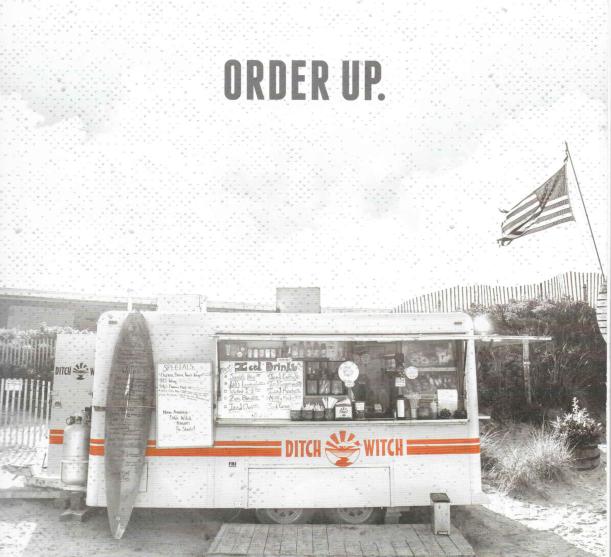
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Lay off, I'm starving. // Volume 01 // Issue 03 // August 2015



## SOME OF THE BEST MOMENTS AND CONVERSATIONS IN LIFE HAPPEN OVER FOOD AND DRINKS.

I WAS EATING PASTA PRIMAVERA WITH MY BOYFRIEND IN A LOCAL BISTRO AT THE AGE OF 18 WHEN I DECIDED TO DITCH MY 1ST YEAR OF COLLEGE AND MOVE TO A SKI TOWN OUT WEST.

I TREATED MY MOM TO BURGER KING WHERE I BROKE THE NEWS TO HER.

A BEST FRIEND (AND FUTURE ROOMMATE) WAS MADE IN MANHATTAN OVER WHISKEY AND BEER.

THE DAY AFTER 9/11, I WAS INVITED TO A BROOKLYN RESTAURANT AND GIVEN FREE FOOD WHERE WE SAT IN THE COMMUNAL COMFORT OF EACH OTHER.

ONE OF THE BEST CONVERSATIONS OF MY LIFE WAS IN ITALY WITH A STRANGER WHO ASKED TO SHARE MY TABLE AT AN OUTDOOR CAFÉ. HE SPOKE NO ENGLISH AND I, NO ITALIAN.

# MONTAUK - NEW YORK

## PRIVATE LESSONS

Your Food is Up

Jess Davis - Unplugging activist and Chief Rebel of Folk Rebellion | @folkrebellion

good and community provide a reason to gather - a shared experience, a buffer for heavy conversations, an opportunity to drink in the moment.

Which is why I am having such an issue with the state of dining since the dawn of the iPhone. My meals with others have turned into segmented bits of convo cut off with "I just need to check this quick," and half listening 'mmmhmmm's' while the foodstagrapher takes a pic of their perfectly-imperfect table setting.

Jackie O' once said, "I want to live my life, not record it."

I'm curious as to what she would have to say on the subject now. Essentially everyone with an iPhone has become the paparazzi for their own lifestyle magazine, which they share with the masses in exchange for 'likes.'



Why? Here are some questions to think about before inviting your phone all that much about latte art. If you were

what I'm doing?" What are we actually gaining from this experience? What is really lost as we step out of the moment and into the virtual world?

I will say it - people don't really care to stop taking pictures of your food it's Are we sharing to say, "Look at safe to say the world will move on... maybe with one less clichéd image: overly filtered, making life look ideal. while your fellow diner looks off into the distance feeling snubbed.

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