

LIFESTYLE PRACTICE WELLNESS

ASTROLOGY

DIRECTORY

**GOT SOMETHING TO SAY?** Share it with us, share it with the world.

## 20 Female Yogapreneurs to Watch



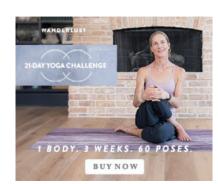
May 16, 2016













We asked our community to share the names of female yogis who inspire them. Check out our list below and add your suggestions in the comments.

## In a world that encourages following the paths laid before us, these women decided to pave new roads.

We chose 20 women who are changing the world one decision, one class, one word, one person at a time. And their effects are epic: Because of one woman on our list, underserved children now have access to yoga and mindfulness resources. One woman said goodbye to the life that had been laid before her and carved a new path, full of service and meditation, without knowing where it would take her. And yet another is standing up to long-held beliefs about bodies and beauty and redefining how we perceive ourselves as women, athletes, and yogis.

Separately, these "yogapreneurs" are changing their corners of the world through business, yoga, health, and art. Together, they are changing the way we participate in all of these things, and they are paving new roads for women everywhere.



## Jess Davis, Folk Rebellion

As founder and "Chief Rebel" of Folk Rebellion, Davis believes in the power of unplugging, which is why her lifestyle movement and brand is aimed at slower living and using technology more mindfully. Davis hopes Folk Rebellion will empower people with the knowledge and creativity necessary to inspire a simpler, happier—and screen-free—way of life.